

PRESORT FIRST CLASS
US POSTAGE
PAID
FORT WASHINGTON PA
PERMIT 90

Allergy & Asthma Specialists Educational Foundation

470 Sentry Parkway East
Suite 200
Blue Bell, PA 19422
610-825-5800 Ext. 1118

Meeting Location:

The Philmont Country Club

www.philmontcc.org
215-947-1271

8th Annual



BREATHE



CONFERENCE



The Allergy & Asthma Specialists Educational Foundation helps to support this conference



The Allergy & Asthma Specialists Educational Foundation

Presents

8th ANNUAL

BREATHE

CONFERENCE

GUEST SPEAKER

James R. Treat, MD

Associate Professor of Clinical Pediatrics and Dermatology,
Fellowship and Education Directors, Pediatric Dermatology
Children's Hospital of Philadelphia

and

Physicians from

Allergy & Asthma Specialists, PC

Friday March 16, 2018

Philmont Country Club

301 Thomlinson Rd., Huntingdon Valley, PA 19006

www.philmontcc.org • 215-947-1271

About the Seminar

Allergy & Asthma Specialists Educational Foundation is presenting **BREATHE VIII** Annual Allergy and Asthma Conference. The goal is to provide physicians, nurse practitioners, PAs and RNs and other health care professionals with current clinical information on common allergy and asthma topics.

Objectives:

- Participants should be able to:
 - Describe the evaluation of a patient with hives and/or swelling and treatment options.
 - Describe the difference between a food allergy and food intolerance.
 - Describe treatment options for food allergies, including sublingual immunotherapy and oral immunotherapy.
 - Define the criteria for using biologics in the treatment of asthma.

Seminar Agenda

7:00 AM

Registration & Breakfast

7:30 AM

Welcome

Robert Anolik, MD

7:45-8:45 AM

Approach to Patient with

Hives and Swelling

Matthew Fogg, MD

8:45 - 9:45 AM

Update on Food Allergies

Shashank Sheeth, MD

9:45 AM Morning Break

10:00 - 11:00 AM

Biologics in the

Treatment of Asthma

Niti Agarwal, MD

- Define the symptoms that would indicate epinephrine is necessary in treatment of anaphylaxis.

- Describe the various form of food intolerances including histamine intolerance, sulfite, tyramine and gluten intolerance.
- Identify abnormal skin lesions.

- Describe typical triggers for contact dermatitis and recognition of different types of rashes that may be due to contact dermatitis.
- Describe the latest therapies for atopic dermatitis.

- Define the difference between obstructive vs. restrictive patterns when interpreting spirometry.
- Describe the value of spirometry.

- Describe the proper maneuver for performing spirometry.
- Describe current asthma treatments and review guidelines for treatment of asthma.

- Demonstrate the proper administration of all current inhaler devices.

11:00 AM - 12:00 PM

Food Intolerances

Histamines, Tyramines, Sulfites,

Gluten Intolerance and more

Sandhya Desai, MD

12:00 - 1:00 PM Lunch

1:00 - 2:00 PM

GUEST SPEAKER

Contact Dermatitis /

Atopic Dermatitis

James R. Treast, MD

2:00 - 2:45 PM

Workshop

Spirometry and

Inhaler Techniques

2:45 - 3:45 PM

Inhaled Steroids and Asthma

Neetu Dhawan Shah, DO

3:45 PM Questions / Closing

Hands-on demonstrations for Spirometry, as well as

Inhaler Techniques available all day in the Workshop Room.

Faculty

Program Director:

Elizabeth Bailey,

MSN, CRNP

Speakers:

Niti Agarwal, MD

Sandhya Desai, MD

Neetu Dhawan Shah, DO

Moderator:

Matthew Fogg, MD

Shashank Sheeth, MD

James R. Treast, MD

Program Contributors:

SueEllen Geika, BS, RN, AE-C

Maryann Gola, Practice Mgr.

Joanne Grzywacz, BSN, RN

Barbara Smith, BA

Marijo Washburn, MS, Practice Adm.

Kate Wiggleworth, BSN, RN

Registration Information: Registration is FREE

Complementary continental breakfast and lunch are provided.

Program materials must be downloaded from www.AllergyandAsthmaWellness.com

The program materials will be available for download AFTER March 12, 2018

Preregistration is required. Deadline: March 7, 2018

Attendees may register by mail, fax, or email.

Mail to: or Email: breatheconference@allergyac.com

Allergy & Asthma Specialists Phone: 610-825-5800 x1118

470 Sentry Parkway East, Ste 200 Fax: 610-397-0980

Blue Bell, PA 19422

Name _____

Practice _____

Address _____

City/State/Zip _____

Phone _____

Email _____

CONFLICT OF INTEREST STATEMENT: Faculty and all others who have the ability to control the content of the continuing medical education sponsored by Abington Health are expected to disclose to the audience whether they do or do not have any real or apparent conflict(s) of interest or other relationships related to the content of their presentation(s).

DESIGNATION STATEMENT: Abington Health designates this live activity for a maximum of 6 *AMA PRA Category 1 Credit(s)*[™]. Physicians should only claim credit commensurate with the extent of their participation in the educational activity.

NURSING ACCREDITATION: This activity has been submitted to Pennsylvania State Nurses Association for approval to award contact hours. Pennsylvania State Nurses Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

ACCREDITATION STATEMENT: This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Pennsylvania Medical Society through the joint provider-ship of Abington Health and Allergy & Asthma Specialists Education foundation. The Abington Health is accredited by the Pennsylvania Medical Society to provide continuing medical education for physicians.

Certificates will be available to those who complete the survey evaluation.

Please feel free to pass invitation along to other professionals.